

# General Emergency Supplies Checklist

This checklist can be used to help you plan what emergency supplies you'll need and what quantities to buy for your household. It is a good idea to gradually buy items now so that you have at least a two-week supply of water and emergency supplies for each person in your home.

## Two-Week Emergency Supply Checklist

Items	2 people	4 people	Your quantity	Check off
First aid kit and instructions	1 medium kit	1 large kit		
Emergency radio with batteries	1	1		
Lanterns, flashlights, candles	2 flashlights	4 flashlights		
Batteries	2 (12-packs)	4 (12-packs)		
Trash bags	20 bags	40 bags		
Barbeque pits, camping stove	as needed	as needed		
Lighter fluid and matches	2 containers/boxes	4 containers/boxes		
Fire extinguisher (A-B-C type)	2	2		
Manual can opener and knife	1	1		
Plastic food containers	10	20		
Zip lock bags, one-gallon size	100	200		
Paper/plastic eating utensils	100 sets	200 sets		
Warm blankets, sleeping bags	2 sets	4 sets		
Extra warm clothing and shoes	4 full sets	8 full sets		
Personal hygiene products	as needed	as needed		
Baby and/or pet supplies	as needed	as needed		
Toolkit with wrench, pliers, etc.	1	1		
Utility instructions, maps, etc.	2 copies	4 copies		
Copies of important documents	as needed	as needed		
<b>If possible:</b>	<b>2 people</b>	<b>4 people</b>	<b>Your quantity</b>	<b>Check off</b>
Cell phone with battery	1	1		
Emergency cash	\$200	\$400		

## Two-Week Supply of Drinking Water

Number in family/group	Allow 14 gallons per person	Total water required
	x 14 gallons	= total gallons

**Public Health Department**

Santa Clara Valley Health & Hospital System

